

10) PICS に関連したスケール

痛み：

- CPOT (critical-care pain observation tool)
- BPS (behavioral pain scale)
- NRS (Numerical Rating Scale)
- VAS (Visual Analogue Scale)

<https://www.kango-roo.com/sn/k/view/5589> より

鎮静：

- RASS (Richmond Agitation-Sedation Scale)

<https://gakken-mesh.jp/info/wp-content/uploads/2012/05/e236bef70ebdf9aaa01485469daaf220.pdf> より

せん妄：

- CAM-ICU (Confusion Assessment Method for the ICU)

https://uploads-ssl.webflow.com/5b0849daec50243a0a1e5e0c/5bb419cbf487b4d2af99b162_CAM_ICU2014-training_Japanese_version.pdf

- ICDSC (Intensive Care Delirium Screening Checklist)

http://www.md.tsukuba.ac.jp/clinical-med/e-ccm/_src/343/ICDSC.pdf

不安・うつ：

- HADS (Hospital Anxiety and Depression Scale)

https://www.jstage.jst.go.jp/article/jjpm/38/5/38_KJ00002386587/_pdf/-char/ja

PTSD (Post Traumatic Stress Disorder :心的外傷後ストレス障害)：

- IES-R (Impact of Event Scale-Revised)

<https://www.jstss.org/docs/2017121200368/>