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CCUで勤務するためにこれだけは知っておきたい集中治療の最新の話

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SY10-3

Safety and Effective Nutritional Management in the Acute Phase of Severe Heart Failure in CCU

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Enteral nutrition is recommended for nutritional management in the acute phase of severe heart failure according to guidelines of the Japanese Society for Parenteral and Enteral Nutrition and the Japan Society of Intensive Care Medicine. However, it also has risks of serious complications such as non-occlusive intestinal necrosis (NOMI) in patients with ischemic heart diseases or given cardiotoxic agents, so intravenous and enteral nutrition are applied in combination. But, treatment strategies considering patient's cardiological and nutritional pathophysiology have not been established yet. At the National Cerebral and Cardiovascular Center, we prepared an enteral nutrition protocol in the acute phase of heart failure and have operated it at CCU since February 2013. In this symposium, we will report our experience, and we would like to talk about safe and effective nutritional management in patients with acute severe heart failure.

[Keywords] heart failure / nutrition